

**BROOKHAVEN NATIONAL LABORATORY  
2013 ADULT SWIM PROGRAM**

**Wednesday, March 6<sup>th</sup> to May 8<sup>th</sup>**

**ADULT SWIM CLASSES AT BNL POOL**

Planned Program: Adults will be scheduled for one group swim lesson every week for a total of ten lessons. Class will be split into groups according to ability.

Day/Time: Wednesday from 5:30-6:30 pm

Cost per Adult: \$100 registration fee

Participants: Limited to employees, their adult children or parents of employees and retirees. *Guest users or family members must provide a copy of their medical insurance card.*

*NOTE: THERE WILL BE NO MAKE-UP CLASSES.*

Please mail the registration form below with a check payable to BERA for \$100, to the Recreation Office, Bldg. 400, no later than 3/1/13.

Questions? Call Sue Dwyer at 344-3496 or the Recreation Office at 344-2873.  
*\*\*Please check with your physician before starting any fitness program.*

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**BROOKHAVEN NATIONAL LABORATORY  
2013 ADULT SWIM LESSONS - Return no later than 3/1/13  
REGISTRATION APPLICATION**

Name: \_\_\_\_\_  
(Please Print)

BNL Life/Guest Number: \_\_\_\_\_ Building Number: \_\_\_\_\_

BNL Extension: \_\_\_\_\_ Home Phone Number: \_\_\_\_\_

Email address: \_\_\_\_\_

Emergency Contact Name & Phone Number: \_\_\_\_\_

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Mail completed form and \$100 check made payable to BERA, Recreation Office, Bldg.400A